



Intuitive Goals Mentoring for Individuals

In mentoring I use an approach to goal planning that is both intuitive and logical, moving from a place of personal knowing to a clear vision of what you intend to create. Guided meditation, intuitive reading and spiritual healing are part of the mentoring process.

Intuitive Goals Mentoring will change everything. You identify what you want and a plan to get there. The energies, pictures and concepts that are in the way of these goals are identified. I will guide you in visualizing your goals. Achieving goals means moving out of routines that are comfortable. Being uncomfortable can be expected as you create change so don't let that stop you. It will be worth it.

You will design your sessions the way you want them. This is the only way I see you can get your goals. A lot will come from this approach. All choices you make from the options below are changeable month to month based on what works for you. My attention will be on keeping the energy moving and goals achieved. When I see you stopping I will bring it to your attention describing what is in your way.

Use the items below to design your Goals Mentoring sessions then call to me to discuss and begin.

All sessions are completely confidential.

Take a deep breath and release! Be ready to begin the next cycle of your life!

M Kay Robinson, Intuitive Consultant

Intuitive Consultation: I recommend that we begin with a one-hour intuitive reading on your goals but that is up to you.

To schedule call 925.284.5677 or go to Online scheduler

<http://www.genbook.com/bookings/slot/reservation/30019519?bookingContactId=34163570&category=7275306>

Schedule for (date) (date)

Planning Your Intuitive Goals Mentoring

1. **Sessions & Schedule:** You decide and it can change.

How often: _____

- Weekly, twice a month, monthly, quarterly, etc.

How or where: _____

- In person:

- a) My home office (or my new office if I move during this time),
- b) Your home or office or other quiet location.

- By phone: You call my office (925) 284-5677

- By Skype: free Internet communication. You download software and use for free. www.skype.com We can use video. Consider using a headset. My SKYPE name is mkayrobinson

How long: _____

- 30 min. by phone or SKYPE. (30-minute sessions are not done in person.)
- 1 - 2 hours depending on what you want to accomplish

When: _____

- Afternoons or evenings Monday - Fridays 7 AM - 10 PM
Or Saturday 9 AM - 5 PM (Pacific Time)

- You can use my online scheduler. It makes scheduling easy

<http://www.genbook.com/bookings/slot/reservation/30019519?bookingContactId=34163570&category=7275306>

2. **Session Plans:**

- You define your goal for each session. I can assist with this.
- I will work to have you achieve your goals using an intuitive approach.
- You can expect guided visualization, counseling, listening, clarifying, organizing, questioning, intuitive reading, healing and (gently) calling games or patterns that don't serve you.

3. **Goals Records:** Can be decide as we go along.

- You will let me know how you would like to record and track your goals
- We will work with a written format of your choosing
- I have options to offer but in the end you have to do what you know suits your style of logic, intuition and creativity

4. **Session Recordings:** You may want sessions recorded.

- You can record the sessions yourself
- I can record them using cassette, CD for \$10 or a digital file (no charge)

5. **Support:**

- Email communication between sessions is included.
- At times an impromptu phone consult is needed.

Whatever Can Be Imagined Can Be Created

6. **Preparation:**
 - You bring what you have or what you know about your goals to the first session and how committed you are to them.
 - You can also do nothing in advance. I will help you bring out your goals.
 - We proceed from there to identify what your goals really are at present.

7. **Fees:**
 - My fee is \$150/hour. Prepayment of three one-hour consecutive sessions (minimum once a month) months or more receives a 10% discount.
 - \$50/hr. for my travel over 30 minutes
 - Cancellation fee of \$50 for less than 24-hour notice (excluding the unavoidable)
 - Basic email counseling between sessions is free.
 - Unscheduled phone consults @ \$2.00/minute.
 - In all cases we can negotiate a package of services that meets your financial and personal needs. Sliding scale is available.

8. **Payment:**
 - Check or Credit Card (Visa, Master Card, Discovery)
 - Terms:
 - Make payment at each session
 - Automatic payment after each session
 - Pre-pay for three consecutive 1 hr. sessions (minimum one per month) and receive 10% discount.
 - Receive an invoice at the end of each month by mail or email

Well, I think that is it. Do you have any other questions? If not, then let's begin with scheduling. Call me 925 284 5677 for questions and to schedule or schedule online from my website www.insightintuitiveconsulting.com or The Scheduler <http://www.genbook.com/bookings/slot/reservation/30019519?bookingContactId=34163570&category=7275306>

May You Get Your Goals,

M Kay Robinson, Intuitive Consultant